

ELMSWOOD HEALTH CENTRE PATIENT PARTICIPATION GROUP MEETING

Friday 10th April 2015 2pm Rose Thompson, with Elijah, on the outcomes of the “Hear me Now” prostate cancer report

Attendees: Ken Brown, Shelagh Clarke, Magrit Mitchell, Amanda Roberts, Mary Simpson, Helen and Edward Skardowa, Rose Thompson, Ian Trimble, Charles Wilson.

Apologies: John Hackett

Rose explained how she came to set up BME Cancer Communities which serves Black and Minority Ethnic Groups (including Irish, Traveller and low income households). Prostate Cancer has a greater effect on BME than the general population. It shows up 5 years earlier in this group and incidence is increasing (whereas it is reducing in the general population). This could be to do with lack of awareness, incomplete family health histories and differences in the way the problems are communicated to the doctor.

The only available test is a blood one which is not always reliable – giving false positives. This means that it is not any use as a screening tool for the general population. But more useful for the BME community – because of the higher incidence.

Early treatment gives the best survival chances and current methods have less side effects on erectile function etc.

The high profile “Hear Me Now” campaign organised by Rose , which has had two awareness events at the Houses of Parliament has had a great impact on BME Communities already. Elijah told us his story – he had no symptoms and it was hearing about the risks from Rose which caused him to press for a test. This led to a diagnosis of an early but quite aggressive prostate cancer which has been treated and he has the “all clear”.

Rose is hoping to get funding for a drop-in centre in Nottingham. Three other cities are ear- marked for drop-in centres – London, Leeds and Birmingham. It is Birmingham which has least awareness at the moment.

Next meetings:

- Wednesday 6th May 2015 6.30pm Bettina Wallace on the British Heart Foundation (BHF) BME Hearts and Minds project
- Friday 12th June 2015 2pm Julie Clifford – Infection Control
- Wednesday 8th July 2015 6.30pm Fuddle
- Friday 11th September 2015 2pm
- Wednesday 14th October 2015 6.30pm
- Friday 13th November 2015 2pm
- Wednesday 9th December 2015 6.30pm

What is in the News

ELMSWOOD HEALTH CENTRE PATIENT PARTICIPATION GROUP MEETING

QMC is recruiting tram volunteers The tram is coming to QMC this summer. QMC is recruiting a brand new team of volunteers to help patients and visitors to find their way into the hospital when they arrive by tram. They are holding 3 'Information Days' in April if you want to find out more:

- Weds 22 April, 1-3pm
- Saturday 25 April, 9-11am
- Tues 28 April, 10am-12

The sessions will be held in the D Floor Restaurant at QMC. Car parking will be free upon exit. [Find out more here.](#)

PASAD – **Schizo-Affective or Paranoia support group**, morning meetings in Broxtowe Day Service.

For more details phone Lydia 07914791074. Dates:

Thursday 14th May 2015 Hospital experiences

Thursday 11th June 2015 Signs and symptoms of becoming unwell.

Thursday 9th July 2015 Advance statements

Thursday 13th August 2015 Reactions of family and friends to your diagnosis

Dermatology Service Review

Healthwatch Nottinghamshire is helping with a piece of work to review **Dermatology** at Nottingham. Please see the attached invitation to a public event.

Apologies for the short notice but the event is:

This THURSDAY 16th APRIL

2 drop in sessions available - afternoon 2pm until 4pm or evening between 5pm and 7pm

At Trent Vineyard, Lenton Lane, Nottingham NG7 2PX

Booking is not required. Drinks will be available.

If you are unable to make this date please send your comments or questions through to them using, info@healthwatchnottingham.co.uk by telephoning 0115 859 9511