Friday 9th September 2pm Changemakers on cancer related issues & screening tests

Present: Shelagh Clarke, Pat Constable, Gillian Dobson, Dave Groom, Jackie Leithead, Irfan Malik, Magrit Mitchell, Amanda Roberts, Vinay Shankar (at end of meeting), Mary Simpson, Helen and Edward Skadorwa, Sue Wilson (13)

Apologies: John Hackett, Philip Martin, Janet Norris, Pauline Sault, Charlie Wilson

Change Makers

Yesmean Khalil (who was one of Change Makers founders 8 years ago) and Janice told us all about Change Makers. It is a group of volunteers who have mainly had experience of cancer or caring for someone with cancer who are dedicated to raising awareness about the signs and symptoms of cancer whilst having fun. Early diagnosis gives better outcomes. They are based at the Renewal Trust, 27-31 Carlton Road, Nottingham NG3 2DG. They would welcome more volunteers. Their next meeting is Tuesday 13th September at 10.30am at Renewal House. Here is a video about their work https://www.youtube.com/watch?v=dyofb2-HFhE. They are no longer funded by the NHS but hope to reach all over the conurbation, especially to the seldom heard communities. And they are working in partnership with a group serving Uganda.

Personnel changes at the surgery

Dr Vinay Shankar was introduced to the group. He previously worked here as a registrar will be joining us as a GP doing 5 sessions a week. Our current registrar is Dr Mohammed Umer.

Flu clinics

It is that time of year again. The first two Saturday clinics will be on 24th September and 1st October. The practice manager will let us recruit for the PPG at one of the clinics. They aim to do 3 flu jabs a minute! You can also get a pneumonia jab, but not at the same time. Pneumonia jabs are only required once in your life.

Next meetings:

- Wednesday 12th October 6.30pm
- Friday 11th November 2pm Pete McGavin, Joint Chief Executive of Healthwatch Nottingham about Healthwatch and how we might be able to work together
- Wednesday 14th December 6.30pm Dr Malik and Paul Swift (Nottingham University historian and archivist) on World War 1
- Friday 10th February 2017 2pm Abi Powell, Macmillan CityCare Cancer Service Project Lead for The Macmillan Nottingham Cancer Support Service.
- Wednesday 8th March 2017 6.30pm
- Friday 14th April 2017 2pm
- Wednesday 10th May 6.30pm Laura Buckley (Research co-ordinator)
- Friday 9th June 2017 2pm
- Wednesday 12th July 2017 6.30pm
- Friday 8th September 2017 2pm
- Wednesday 11th October 2017 6.30pm
- Friday 10th November 2017 2pm
- Wednesday 13th December 2017 6.30pm

PASAD – Schizo-Affective, Hearing voices or **Paranoia support group**, morning meetings in Broxtowe Day Service. For more details phone Lydia 07914791074. Meetings are always the second Thursday in the month

CityCare Patient Experience Group

This group is open to any residents in the City and by attending you will get updates on the over 60 health services provided by the CityCare: and be able to voice your experiences too. Meetings are held at Nottingham Community and Voluntary Service (NCVS), 7 Mansfield Road, Nottingham NG1 3FB in the Ash Room

Early On Set Dementia

Julie Gosling of Making Waves is looking for people of working age with a diagnosis of dementia who might like to take part in a European study to help in the design of new technologies that assist day to day living. The project is supported through the IMH (Institute of Mental Health) in Nottingham. Contact Julie julie@makingwaves.org for more details.

Palliative Care on line Resource

Making Waves just completed a new on line resource detailing best practice in palliative, end of life and bereavement care which sets out the support that social workers can offer. Julie Gosling is very proud of the local people here in Nottingham who spoke about what really matters at the end of life and helped the patient voice speak loud and clear to inform the new standards. Contact julie@makingwaves.org for more details.

Our survey success

GP patient survey carried out on behalf of NHS England gives people the opportunity to comment on the performance of their practice. And we came out as 6th in the top ten for Nottingham City! http://www.nottinghampost.com/which-are-the-best-gp-surgeries-in-nottingham/story-29604304-detail/story.html

The CQC report on our Surgery has now been published, http://www.cqc.org.uk/location/1-570767197. We are resoundingly good in every measure they made, but are outstanding in use of clinical audits to drive improvements in the provision of cervical smear tests in eligible women with learning disabilities registered at the practice.

Meet Nottingham Cancer Clinical Trials Team

Friday 30 September 2.30pm – 4.30pm Nottingham City Hospital
The Nottingham Cancer Clinical Trials Team (NCCTT), formed in 2008, helps patients take
part in cancer clinical trials within Nottinghamshire. It is part of a larger network which has
five groups specialising in different types of cancer including breast, gynaecological, head
and neck cancer and haematological (blood) cancer. It has its own research treatment area
where a highly skilled team administers new and established chemotherapy regimes, novel
therapies (which target only the cancer cells), monoclonal antibodies (a type of biological

therapy) and small molecule therapies (targeted therapies) along with different classes of genetically modified organisms and vaccines for many trial patients.

Come along to meet the team, have a tour of the facilities and learn about other types of cancer treatments and investigations the NCCTT participate in.

Places are limited at events and it is vital that you book your place. Please register by either emailing ft@nuh.nhs.uk or calling 0115 9249924 x76242.

Broxtowe Youth Homelessness are inviting you to the premiere of the BYH Film. This short film has been created by volunteers, all young people who have experienced homelessness, to share their experiences of homelessness, training at BYH and the volunteer work they are now doing to prevent other young people from experiencing homelessness.

The evening is to help celebrate volunteers achievements and also for people to learn more about BYH. There will be a screening of the film at 6:30pm followed by the opportunity to ask questions and speak to staff and volunteer. There will then be a buffet at 7pm.

There will be a minimum donation of £1.00 on entry for people with a General Admission ticket (not applicable for BYH volunteers), or you can donate before the screening online at - https://broxtoweyouthhomeless.charitycheckout.co.uk/Page2

Thursday, 1 September 2016 from 18:00 to 20:00 (BST) - Antenna - 9A Beck Street, Nottingham, NG1 1EQ -

use MY data workshop - 20 September, London

Aim: The aim of the workshop is to explore who uses patient data, why they use it and the benefits and risks of its use, and to present the balanced argument for using data, hearing from data privacy campaigners and patients who want their data to be used.

Details: Tuesday, 20 September from 1000 to 1600 in London. Speakers include prominent data privacy campaigners and representatives from the insurance and pharmaceutical industries.

Registration: this is now open and if you would like to attend please email <u>alison@usemydata.org.uk</u> by Monday, 5 September, when registration will close.

Expenses for patients, relatives & carers: it will be possible to refund your travel expenses after the workshop (and accommodation if you require this). Please contact Alison for further details.

Centralised records plan appears even more far-reaching than care.data

 $\underline{http://www.v3.co.uk/v3-uk/news/2468988/nhs-in-consultation-for-patient-records-system-\underline{to-replace-caredata}}$

Nottingham City CCG Annual General Meeting

Register now for our CCG's AGM, 29 Sept, 6pm-9pm to hear about health developments across the City over the last year. Thursday 29 Sept, 6-9pm, at the New Art Exchange Building on Gregory Boulevard. To book your place contact Guyle.Wilson@nottinghamcity.nhs.uk or phone 0115 883 9228.

Get Involved: Healthwatch Nottingham seek volunteers passionate about local health and care, and enjoy listening to people, to work with staff at 'Talk to Us' sessions and other events around the city. You would be raising awareness of Healthwatch and recording

feedback from members of the public about experiences of health and care. A training day is scheduled in early October with ongoing support. Here's general information about Healthwatch Nottingham. If you're interested in volunteering, please email Joan Cook or call 0115 859 9510

Complementary Therapy Evening

Open to anyone who is, or has been, affected by cancer. Friday 30th September 5pm at City Hospital. To book your place phone 0115 840 2650 or email alison.hall3@nuh.nhs.uk