Wednesday 8th March 2017 6.30pm

Personal Insights into the Junior Doctors' Dispute



We welcomed Dr Asha Mashru, who had driven all the way from Leeds to be with us. Thanks goes to Dave and Pauline who invited her.

She made clear from the outset that her thoughts, ideas and reflections were her own and that she did not necessarily represent the views of current Junior Doctors. Mainy because she has recently taken up a post as a Consultant in Leeds. She asked also **that her views were not to be quoted anywhere else.** The following captures discussion by group members:

**Background**: Jeremy Hunt wanted to cut the pay of Junior Doctors and after negotiations with the BMA, who settled on a formula, which was rejected by 62% of the junior Doctors. As a result many of them are not applying for training contracts and this impact will be felt in future years as an absence of doctors in crucial NHS services. There was talk amongst the group that this might lead to creeping privatisation of those parts of the service where private providers could cherry pick those patients from whom they would make a profit.

**Career path for doctors**: It was felt that Junior Doctors coming into the NHS are having a much more difficult time, especially when it comes to a reasonable work/life balance. This was even more so for doctors training to be GP's.

**State of the NHS**: There was general agreement that the state of the NHS at the moment was not good.

**Social Care and the NHS**: In Nottingham they are two separate organisations. In Leeds they are one and the major difference being that all the funding comes from the same pot without therefore having to negotiate separately. One of the reasons private companies can offer lower prices is that they do not pay for training and choose those patients that are simplest and easiest.

On a positive note, those working in the service would always put the patients first in trying to get them the best care possible.

#### Further information:

How does NHS spending compare with health spending internationally? 20<sup>th</sup> January 2016 <a href="https://www.kingsfund.org.uk/blog/2016/01/how-does-nhs-spending-compare-health-spending-internationally">https://www.kingsfund.org.uk/blog/2016/01/how-does-nhs-spending-compare-health-spending-internationally</a>

NHS five years forward view <a href="https://www.england.nhs.uk/wp-content/uploads/2014/10/5yfv-web.pdf">https://www.england.nhs.uk/wp-content/uploads/2014/10/5yfv-web.pdf</a>

**Apologies**: Rose Thompson, Sue Wilson, Amanda Roberts

### **Next meetings:**

- Friday **21st** April 2017 (change of date) 2pm hopefully Changemakers will perform a play they use to raise awareness about cancer
- Wednesday 10th May 6.30pm Laura Buckley (Research co-ordinator)
- Friday 9th June 2017 2pm
- Wednesday 12th July 2017 6.30pm
- Friday 8th September 2017 2pm
- Wednesday 11th October 2017 6.30pm Richard Henderson will be talking about the East Midlands Ambulance Service
- Friday 10th November 2017 2pm Dr Mark Orme and Maxine Whelan about Diabetes research
- Friday 15th December 2017 2pm

Hope to see you at our next meeting which will take place in the meeting room upstairs at Elmswood Surgery.

#### In the news

### Other groups of interest

**PASAD – Schizo-Affective, Hearing voices or Paranoia support group**, morning meetings in Broxtowe Day Service. For more details phone Lydia 07914791074. Meetings are always the second Thursday in the month

### **CityCare Patient Experience Group**

This group is open to any residents in the City and by attending you will get updates on the over 60 health services provided by the CityCare: and be able to voice your experiences too. Next few meetings:

Thursday 20 April 2017, 1.00pm—3.30pm Monday 5 June 2017, 1.00pm—3.30pm Friday 21 July 2017, 1.00pm—3.30pm Wednesday 30 August 2017, 1.00pm—3.30pm

Tuesday 10 October 2017, 1.00pm—3.30pm

Meetings are held at Nottingham Community and Voluntary Service (NCVS), 7 Mansfield Road, Nottingham NG1 3FB in the Ash Room

#### **Centre for Dementia Patient and Public Involvement**

People with dementia and their family members or carers aims to help the research within Centre for Dementia. The group meets monthly to hear news from research projects, and also to learn about the processes of dementia research. Academic researchers also attend, to learn about how to work better with people with dementia. Everyone gets something out of the meetings, including friendship and support that comes with a peer group. We will ask your input to shape the way that research money is spent and the research is done. The meetings will also help people with dementia and their carers to link up with the individual research projects where there are more chances to get involved.

The next meeting is on Wednesday, 1st March (please see attached flyer) at the Institute of Mental Health, Room A08, University of Nottingham, Triumph Road. Coffee and tea from 10.00am, for a 10.30am start. Expect to finish at 11.30am. Please contact, so that she can order catering, Jill Charlton (<a href="mailto:jill.charlton@nottingham.ac.uk">jill.charlton@nottingham.ac.uk</a>) or telephone 0115 82 30417, leaving a message on the answerphone if no-one is there to take your call.

Pre-paid car parking vouchers, free of charge are available for you, to be displayed in your car, if you park in the Visitors Car Park. These will be obtainable from the IMH Reception when you sign in on the day and you will need to take it back to your car, so that it is on display for Parking Security. (Please remember to get a free 30 minute ticket from the machine immediately on parking (just in case the inspectors are there) – to be displayed whilst you obtain the voucher from the IMH Reception).

#### QMC's urgent and emergency service

Care Quality Commission Inspectors visited QMC on 7, 8 & 11 December 2016. NUH has been rated 'Good' in the 'Caring', 'Well-led' and 'Effective' domains and 'Requires Improvement' for the 'Safe' and 'Responsive' domains. The Trust's rating for urgent and emergency services is 'Requires improvement.' NUH's overall rating (following its 2015 Trust-wide inspection, which was published in March 2016) remains 'Good'.

**Get Involved.** The East Midlands Patient Safety Collaborative seek a patient or carer involvement to help improve the transfer of medicine from hospital into community pharmacy. Out of pocket expenses and a participation payment is offered for a member with experience and insight. Here's more information.

**Attend** a <u>free research seminar about Coercive Control, Violence against Women and Culture</u> on the **8 March 2017 from 12- 1PM** at the Faculty of Health & Life Sciences, De Montfort University, room EMO.28, Leicester, LE1 9BH.

#### **Podiatry changes**

There is a meeting to discuss the recent change of provider for Podiatry and the new service being offered, and for you to discuss any issues relating to the transfer of provider.

The meeting will be held on: - Tuesday 14<sup>th</sup> March 2017 at 11.30am – 12.30pm

Venue: - Meeting Room 2, Clifton Cornerstone, Southchurch Drive, Clifton, Nottingham, NG11 8EW

Confirm attendance with E-Mail: duncan.heaney@nottshc.nhs.uk or phone 01623 785560

Read: National campaign group calls for local support for assisted dying 82% of UK approve of assisted dying <a href="http://cbjspotlight.co.uk/2017/03/03/national-campaign-group-calls-for-local-support-for-assisted-dying/">http://cbjspotlight.co.uk/2017/03/03/national-campaign-group-calls-for-local-support-for-assisted-dying/</a>