

ELMSWOOD SURGERY

PATIENT PARTICIPATION GROUP MEETING

Wednesday 12th July 2017 6.30pm General discussion

Present: Shelagh Clarke, Jane Coleman, Derek Huett, BJ Parker, Amanda Roberts, Edward Skardowa, Charles Wilson

Apologies: John Hackett, Irfan Malik, Dave Groom, Pauline Sault, Mary Simpson, Sue Wilson

1. Report on meeting with the practice doctors and our PPG, represented by John Hackett and Amanda Roberts

Mary Simpson's meeting notes were used as a basis for a report to the meeting. The topics discussed were recruitment and communication, involvement in general service complaints and closer links with the doctors as a whole.

2. Practise news

- a) Our **Community matron**, Lyndsey, has been "axed". Across the city Community matrons are provided by CityCare. CityCare are commissioned by the Clinical Commissioning Group (CCG) to provide 10 matrons, they have been providing in reality 17 (of which Lynsey is one) and have now reduced this number to 15. Lyndsey was an important resource for our practice. She was able to spend up to an hour with patients in their own home. She has lots of experience, is able to prescribe and will be an enormous loss to our practice. No formal notice has yet been served, so future arrangements are uncertain. The practice has written to CityCare and the PPG wanted also to express our concern to CityCare. Amanda will write on behalf of everybody.
- b) Although the government is pressing for larger and larger GP practices, our practice feels it is unlikely to join with another practice. But they are now talking to the **Alliance group**, who are formed to support and strengthen list based General Practice in the Nottingham City CCG area <http://www.ncgpa.org.uk/>, to see what might be of use to them. Currently we are one of 7 City practices not in it, but we are by far the largest of these.

3. Our PPG

- a) Since the practice has over 9000 patients it was agreed that we needed more members. Various methods of **recruitment** were discussed. The lightbox seems attractive. As would having a television screen in the waiting room with various health messages and videos, including a message about us, on a continuous loop. We will repeat the table in the waiting room from time to time and, of course, flu clinics work. Several of the attendees had been recruited that way.
- b) It is important that we establish our **aims and objectives**. Maybe using an electronic poll of all on our email list?

Our next meetings:

- Friday 8th September 2017 2pm
- Wednesday 11th October 2017 6.30pm Richard Henderson will be talking about the East Midlands Ambulance Service
- Friday 10th November 2017 2pm Dr Mark Orme and Maxine Whelan about Diabetes research
- Friday 15th December 2017 2pm (possibly Liz Sockett, researcher, via John Hackett)
- Wednesday 7th February 2018 6.30pm
- Friday 9th March 2018 2pm
- Wednesday 11th April 2018 6.30pm

ELMSWOOD SURGERY PATIENT PARTICIPATION GROUP MEETING

- Friday 11th May 2018 2pm Valentina Lazarevic (CRN) and Jane Coleman about our Research activity
- Wednesday 13th June 6.30pm

Hope to see you at our next meeting which will take place in the meeting room upstairs at Elmswood Surgery. For the 6.30pm meetings please note that the surgery **closes at 6.30pm**, so you need to arrive a few minutes before.

Our surgery's news

Texting service

We have a texting service to remind patients of booked appointments. If we do not have your mobile number and you would like to take advantage of this service, please let us know so we can update your records. If we have your mobile number but you may have forgotten to update it on our records please let us know.

We will also be able to use this to remind patients to come for flu jabs, for example.

We hope you like this service!

Our **current registrar** is Dr Kate Whittington. She will be with us until the beginning of August.

In the news

Opportunity to contribute via survey: **Would you change your lifestyle to reduce the risk of having dementia in the future?** This is an online survey to investigate what people would be prepared to do to potentially reduce the risk of getting dementia in the future. This will help researchers and health professionals to better understand the scope for changing lifestyle to reduce the number of people developing dementia. You are eligible to participate if you are aged 50 or above and have never received a dementia diagnosis. All you will need to do is to fill in an anonymous and confidential online survey using the link:

<https://nottingham.onlinesurveys.ac.uk/dementiasurvey> It may take 15 to 20 minutes to complete and you can win one of three £50 Amazon vouchers. For more information please contact Dr Deborah Oliveira by telephone: 0115 74 8430 OR by E-mail: deborah.deoliveira@nottingham.ac.uk Would you change your lifestyle to potentially reduce your risk of having dementia in the future?

Tracy Taylor has been appointed **the new Chief Executive of Nottingham University Hospitals NHS Trust (NUH)**, which runs QMC, Nottingham City Hospital and Ropewalk House.

<https://www.hsj.co.uk/nottingham-university-hospitals-nhs-trust/new-chief-executive-for-major-teaching-trust-revealed/7020047.article>

Click Homeshare is now operating in Nottingham. It matches older people needing practical support and companionship in the home with a younger person in need of affordable accommodation. For more detail phone 0115 978 7846 or visit www.clicknottingham.com

ELMSWOOD SURGERY PATIENT PARTICIPATION GROUP MEETING

CQC consultation – Next Phase of regulation The Care Quality Commission (CQC) are currently asking for views on proposed changes to the way they regulate care in England. This is the second in a series of three consultations aimed at simplifying and strengthening the way services are regulated.

The CQC are proposing changes to how they regulate adult social care and primary medical services; changes which will help to use information more effectively so they can target inspections in services where there is greatest risk to the quality and safety of care.

For more information visit: <http://healthwatchnottinghamshire.co.uk/cqc-consultation-next-phase-regulation/>

Are you aware of changes to local health and care??

Healthwatch Nottingham and Healthwatch Nottinghamshire want you to know. Please visit:

<https://www.snapsurveys.com/wh/s.asp> Or call on **0115 859 9510**

Refocus on Recovery 2017, 18 to 20 September 2017, is the largest regular scientific conference in the world on recovery for people with mental health problems and this year it is in Nottingham. For more details [View the full programme here](#)

Reading Well: Books on Prescription is available at our libraries

The books identified for Reading Well have been recommended by experts and have been tried and tested and found to be useful by others. The idea is to combine the benefits of cognitive behavioural based self-help therapy with stress busting reader-recommended novels, poetry and social reading activity <http://www.nottinghamcity.gov.uk/libraries/reading-well-books-on-prescription/>

Bras not bomb's provides underwear and sanitary products to women and young girls placed in refugee camps, with the sole aim of helping to keep them safe whilst restoring their dignity.

For those of you wishing to donate to a smaller charity, there is another Nottingham based charity that would love some support, spear-headed single handedly by local woman, Caroline Kerr. More information: <https://www.gofundme.com/2k6yhlw>

<http://www.independent.co.uk/news/uk/home-news/underwear-women-bras-not-bombs-refugees-knickers-donate-a7228201.html>

Nottingham Carers Conference will be on 23 November 17 at the Indian Community Centre, 99 Hucknall Rd 11am -3pm

Nottingham Senior Support Group is here for older people from any African community in Nottingham. Senior Support exists to work with the over 55s to be a source of advice and information, of friendship, and of opportunities to be active and to socialise.

Please think about the elders in your community and family and tell them about the group. Ask them to call Madiya on 07538 544374 to find out more. The weekly sessions take place at the 'Life at the Centre' Church on Lower Parliament Street opposite the Victoria Centre on Wednesday mornings between 10am and 12midday.

"A History of QMC" – Paul Swift

To coincide with QMC's 40th Anniversary, archivist Paul Smith has written a book celebrating the 40 year history of the QMC <http://www.nottinghamhospitalshistory.co.uk/page26.html>

ELMSWOOD SURGERY PATIENT PARTICIPATION GROUP MEETING

Other groups of interest

PASAD – Schizo-Affective, Hearing voices or Paranoia support group, morning meetings in Broxtowe Day Service. For more details phone Lydia 07914791074. Meetings are always the second Thursday in the month

CityCare Patient Experience Group

This group is open to any residents in the City and by attending you will get updates on the over 60 health services provided by the CityCare: and be able to voice your experiences too. Next few meetings:

Friday 21 July 2017, 1.00pm—3.30pm

Wednesday 30 August 2017, 1.00pm—3.30pm

Tuesday 10 October 2017, 1.00pm—3.30pm

Meetings are held at Nottingham Community and Voluntary Service (NCVS), 7 Mansfield Road, Nottingham NG1 3FB in the Ash Room

The Nottingham Keep our NHS Public group meets on the last Thursday of each month at the Visitor Centre, Castle Rock Brewery (Vat & Fiddle), 12 - 14 Queensbridge Rd, NG2 1NB from 7.30pm More information about the group: <https://keepournhspublic.com/support-konp/find-a-local-group/nottingham/>