

ELMSWOOD SURGERY

PRACTICE NEWSLETTER

SPRING 2016

STAFF NEWS

Dr Ian Trimble, our senior partner, is retiring from the practice on 30th June 2016, having been here for 26 years. We will all miss him hugely!

Dr Vinay Shankar will be joining us as his replacement, in September. Many of you will remember him as a registrar a couple of years ago

Dr Milburn has left the practice and Dr Jane Coleman started as a her replacement on 1st March.

Nurse Jane is on maternity leave - she gave birth to a little boy in early January. Julie Jackson is helping us while Jane is off

SEASONAL

The travel season is upon us. We would remind patients who think that they may need travel vaccinations to check this with one of our nurses, and to book in for travel advice and vaccinations at least 4 weeks before your departure.

Please also remember to order any medication you need in plenty of time, and make sure you have enough to cover your time away

VACCINES

MMR: we offer MMR vaccine to any children and young people who are completely unvaccinated, and a second vaccine to those who have only had one but missed their second dose

Shingles vaccines are currently available so please ask for one if you are aged 70, 78, or 79

Travel vaccinations need to be booked at least 4 weeks before you travel, otherwise we cannot guarantee to provide this service

Pregnant women—please remember you are recommended to have the whooping cough vaccine after your 28th week of pregnancy.

PATIENT PARTICIPATION GROUP

Our patient group is now affiliated to the National Association for Patient Participation

There will be an "Awareness "week in June

We have a patient participation group run by Dr Malik. This is *usually* held either on the second Friday of the month, or a Wednesday evening, here at the health centre.

If you are interested please contact Dr Malik at the surgery or e-mail him at : drimalik@hotmail.com

The chairman of the group is Mr John Hackett, who you can e-mail at: john.ppg@hotmail.com

There is a "virtual" group which you can join via John's e-mail

The next meetings are on Friday 8th April at 2pm and Wednesday 11th May at 6:30pm

Minutes of PPG meetings are available on our website

TELEPHONING THE SURGERY

We would remind all our patients that there is always huge pressure on the telephone system from 8.30 am for a couple of hours, every day. If your call is not of an urgent nature, please could you call us later in the morning or in the early afternoon.

IF YOU ARE EXPERIENCING SEVERE CHEST PAIN, OR IF YOU DEVELOP FACIAL OR ARM WEAKNESS YOU SHOULD CALL 999 IMMEDIATELY

INTERNET BOOKING

Just a reminder that you can book appointments with a GP, order your repeat prescriptions and view aspects of your medical record online....

You can register for this service by calling in at the reception desk and asking the staff for a form to use the online service.

You will need to provide photo ID wherever possible please.

Once issued with a letter you can visit our website at www.sherwoodhealthcentre.co.uk and click on the icons on the home page, to register and make use of the service.

We have over 4000 patients registered with this service. Please give it a try!!!

You can book *routine* appointments with a GP, (but not with a nurse), and you may order any medication which is on repeat, on our clinical computer system.

Many patients find this useful as the system is available 24 hours a day, seven days a week

You may now, also, at the GPs' discretion, view parts of your medical record online

AUTOMATED ARRIVALS

When you come to the surgery for an appointment you can use our automated arrivals screen, located to the far left of reception. It is very easy to use, and allows the receptionists more time to help those booking appointments, or with queries, who may need more help from the staff.

TELEPHONE NUMBERS & TEXT SERVICE

We often find we try to contact patients, only to find that the telephone number which we are holding is incorrect. Please remember to keep us up to date with your latest phone number; and also please keep your address details up to date in case we need to write to you. If you have a key-safe, or look after somebody who has one please let us have the number in case of need.

Website

The practice has a website which we keep updated with details about clinics and services, training days, when we may be closed, and information about staff changes. There are also links to the patient group minutes, and to the online booking, ordering and viewing systems

You can visit it at: www.sherwoodhealthcentre.co.uk

Drs Trimble, King, Malik, Bond, Bloor & Coleman

Elmswood Surgery

Sherwood Health Centre

Elmswood Gardens

Sherwood

Nottingham

NG5 4AD

Telephone 0115 9858822

Opening hours:

Monday to Friday , 8.30am to 6.30pm

We will be closed for training on Tuesday afternoons from time to time.

The next date is the 17th May. Notices about training will be posted in the waiting room, and on our website